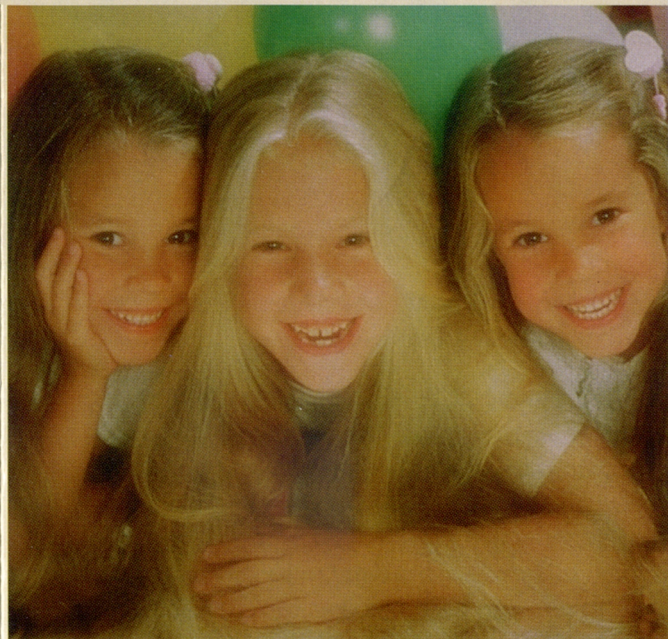


Chiropractic for Children



*Chiropractic care
for children is a
building block for
good health*

Chiropractic

it's about your

Life

CHIROPRACTIC for Children



Chiropractic care for children is vital to their health and is an absolute necessity to their development and future potential in every area of life.

Children Make Great Patients!

Adjusting a child's spine is not a difficult procedure. In fact, under most circumstances, a child's spine is much easier to adjust than an adult's. They have not had long-standing subluxations, their muscles are usually not as tense and they are generally more relaxed than adults. Not only are children easier to adjust, but under most circumstances they hold their adjustments for longer periods of time and do not need to be adjusted as often as the average adult. However, with the falls, accidents, and the generally active lives that most children experience, regular checkups are important.

It's Worth the Effort

Chiropractic adjustments are painless. Children may, on the first visit or two, be somewhat reluctant. However, rarely do children hesitate to get on the table to be adjusted, especially when they realize that visiting the chiropractor is a family affair. When they see Mom, Dad, and their brothers and sisters getting adjusted,

Parents and Questions

How early can children be adjusted? Why do they need adjustments? Aren't their bones still soft? What if they cry?

All of these questions and more go through the minds of parents who are contemplating chiropractic care for their children. Some parents are hesitant about getting their children adjusted even though they themselves are under care. Our children are so special to us that sometimes in an effort to be protective we become "over-protective" and deprive them of necessary and valuable experiences. If chiropractic care is necessary to your good health and to reaching your potential as an adult, then it logically follows that it is even more necessary for a child. After all, they have a nerve system which controls and coordinates all their bodily functions just as you do.



Most children look forward to their regular visit to the chiropractor.

Their vertebrae can become subluxated just as yours can and interfere with the function of the nerve system. The only difference is that they still have a lifetime ahead of them which will manifest the results of what they do today.

Never Too Soon

Subluxations can occur at any time. The first one may have occurred during the baby's birth. That is why parents who understand the benefits of chiropractic have their newborn babies checked by a chiropractor as soon after birth as possible. By correcting subluxations at an early age, before the body has begun to function with impaired capability, damaging effects can be prevented. The longer a subluxation is present, the greater the effects of the interference to the nerve system. In addition, the longer the subluxation is present, the more chronic it becomes, that is, the more the vertebra becomes accustomed to being in the wrong position. Many people who have come into a chiropractor's office for the first time as adults would have had far greater potential for regaining their health had they received regular chiropractic care as a child.



they are usually more than willing to have their spines checked too. Your chiropractor will work with you so that your child will become accustomed to the adjustments. Most children look forward to their regular visit to the chiropractor. Those children who are reluctant at first should be lovingly told that they must be adjusted. As parents we realize that our children are not going to like or enjoy everything that is good for them. Spinach is not enjoyable for most children and afternoon



naps are not much fun. Chiropractic adjustments are vital to their good health and the few tears that

may occur on the first visit, usually because of fear of the unknown, are well worth the benefits to the little ones. Obviously, children who are adjusted regularly from infancy think of the visit to the chiropractor as a regular part of their lives and are not the least bit reluctant to climb onto the adjusting table.

Care for Children is Vital
to their Health and Life

Most importantly, parents must not think that chiropractic adjustments for the children are something that they might as well do since the children have come along to the office with them. Chiropractic care for children is vital to their health and is an absolute necessity to their development and future potential in every area of life.



Regular chiropractic care is essential for optimum health. A properly functioning nerve system enables the body to reach its full potential in restoring and maintaining health as well as enhancing other areas of life such as job performance, academic excellence and athletic accomplishment.

When a vertebra misaligns to the degree that it interferes with the proper function of the nerve system (subluxates), the inborn, self-regulating mechanism of the body cannot function as it should. This results in a decrease in the quality of life. Chiropractors correct these subluxations.

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